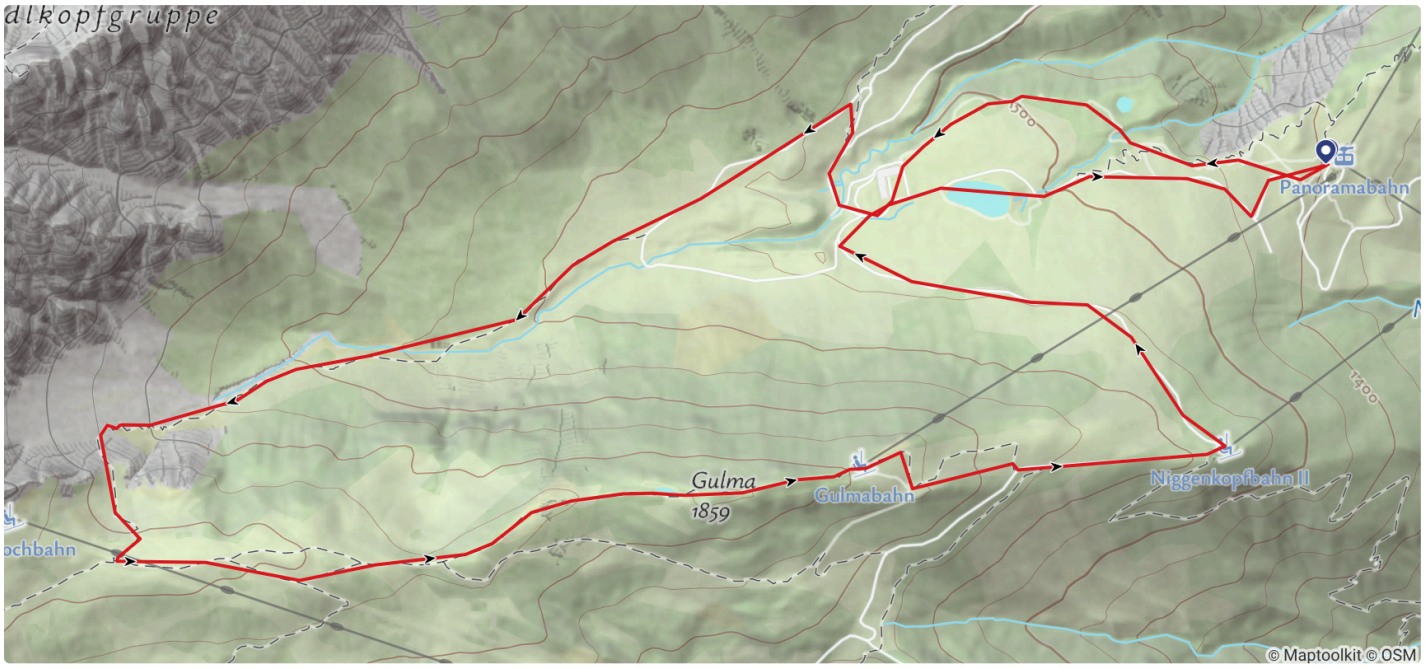
Lorenzitäli-Trail | Brand

HARD | CABLE CAR ASCENT/DESCENT | ROUND TRIP



Tour description

Challenging trail running course through the Lorenzitäli and back over the Gulma ridge to the mountain station of the Dorfbahn.

First, the ascent takes place with the village cable car in Brand. Once at the top, the trail then starts in the direction of Innere Parpfienzalpe. There the trail branches off to the left and leads up through the Lorenzitäli. A bit below the mountain station of the Glattjochbahn, the trail leads over the Gulma ridge and the Niggenkopf back to the starting point.

Public transport

Bus line 580, bus stop "Brand Dorfbahn"

Timetable enquiry online at www.vmobil.at

Parking

Parking lot at the Dorfbahn in Brand

Directions

Trailrun starting point at the Dorfbahn valley station - ascent with the Dorfbahn - Dorfbahn mountain station - Innere Parpfienzalpe - Lorenzitäli - Glattjochbahn - Gulma - Niggenkopf - Dorfbahn mountain station - descent with Dorfbahn - trailrun starting point at the Dorfbahn valley station

Safety instructions

EMERGENCY CALL140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Equipment

Running shoes, sun and rain protection, filled water bottle, snack (as desired) and first aid equipment. Mobile phone for emergencies.

02:00 h duration	**9,0 km** Length
1918 m Highest point	**1398 m** Lowest point
572 m Ascent	**572 m** Descent

Start	Dorfbahn Brandnertal
Finish	Dorfbahn Brandnertal
Tour type	Trail running
Difficulty	● Hard

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	○	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	✓	○	○

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Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information