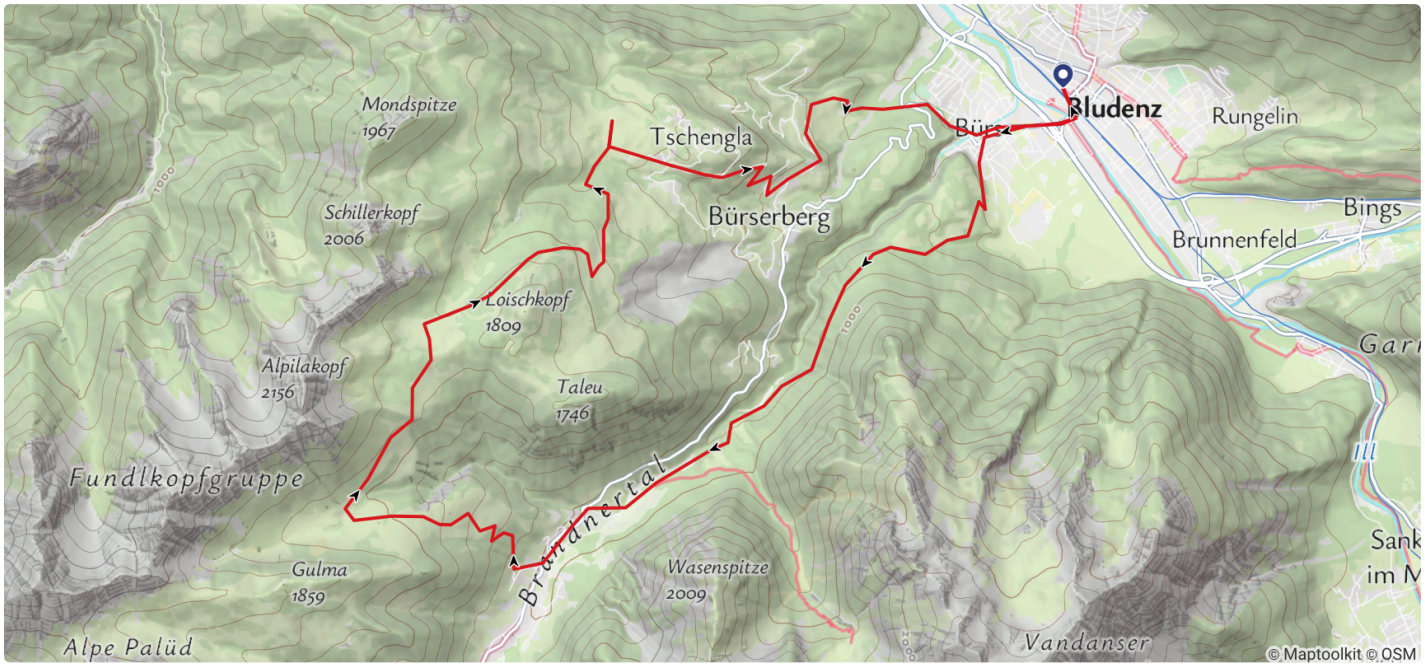
Titel (de)5-Täler Mountainbike-Stern-Tour (Etappe 1) | Bludenz

MODERATE | REFRESHMENTS | PANORAMIC | CABLE CAR ASCENT/DESCENT | STAGE TOUR



Tour description

The alternative to the classic 5 Valleys Mountain Bike Tour for anyone based in Bludenz. Over the course of 4 days, you can explore a different valley in the Bludenz Alpine region each day, starting from Bludenz. Panoramic views and singletrack trails included. The tour is also designed for e-bikes: there are no sections where you have to carry your bike, and plenty of charging stations are available.

"Warm-Up": Brandnertal,including the Brandnertal Bike Park (1,340 m elevation gain / 950 m with the mountain railway)
Ride leisurely from Bludenz along a paved bike path to Brand. Take the Dorfbahn up toward Parpfienzsattel (if you want to gain elevation, take the farm road to the mountain station), then enjoy the single trails inthe Brandnertal Bike Parkall the way to Tschengla/Bürserberg. From there, head back down to Bludenz.

Directions

Bludenz Train Station – Bürs Town Center – Werkstraße – Schaßweg – follow the road – Schaß – Klostermaisäß – Bridge – Galaferda District – Brand Town Center – Ascent via the village railway (or forest road) – Innere Parpfienzalpe – Parpfienzsattel – Mühlebach Trail – Faregg Lift valley station – Loischkopfbahn mid-station – Flowline "Tschengla Unchained" (alternatively, farm road) – Tschengla or Bürserberg – Bludenz

Equipment

Mountain bike, helmet, rain and sun protection, as well as food and enough water for each day's stage. For multi-day tours, we recommend: a change of clothes, toiletries, tools and a spare inner tube, a first-aid kit, a map or route description, and other personal items.

Tips

The 5-Valley Tour is a moderately difficult mountain bike tour and is therefore not recommended for absolute beginners. However, it is certainly manageable for novice mountain bikers. If necessary, difficult trails can be bypassed, and if it really isn't possible, you can always push your bike for a short distance.

The tour is also designed for e-bikes, and there are plenty of charging stations available.

05:15 h duration	**29,8 km** Length
1672 m Highest point	**558 m** Lowest point
1180 m Ascent	**1180 m** Descent

Start	Bahnhof Bludenz
Finish	Bahnhof Bludenz
Tour type	Mountain bike
Difficulty	Moderate

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	○	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	✓	○	○

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Public transportation

Check schedules online atfahrplan.vmobil.at

The Park

Bludenz Train Station

Safety Instructions

EMERGENCY HOTLINE
140 Alpine emergencies throughout Austria
144 Alpine emergencies in Vorarlberg
112 European emergency number (works with any cell phone/network)
www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information